

Programme of Events



years of leadership
excellence

LeadFit in Numbers

3,700+

Leaders Developed

3

Years of Impact

56+

Partner Organisations

This autumn brings three standout opportunities to grow as a leader - from an ICF-accredited coaching pathway to an intensive identity workshop. Here's a first look at what's ahead.

Browse the programmes below and get in touch any time you'd like to know more - full details and contacts are on the final page.

EVENTS THIS AUTUMN

01

Starts 29 October 2026

The Art & Science of Coaching - Erickson · ICF

02

Starts 15 October 2026

Leadership Foundations - For New Managers

03

1-2 October 2026

Self-Image and True Identity - with Avikal Costantino

The Art & Science of Coaching

Level 1 & Level 2 • 2024 ICF Coaching Impact Award Winner

July
17

From 29 October 2026 • Sofia, Bulgaria

Delivered in partnership with Erickson Coaching International - award-winning pioneers of Solution-Focused Coaching - this ICF-accredited programme is available at Level 1 or Level 2, through The Essentials Course and The Advanced Course.

1 Essentials • Part 1 – Inspiration

29 Oct – 1 Nov 2026. The core coach mindset and Erickson's step-by-step Coaching Arrow.

2 Essentials • Part 2 – Implementation

3–6 Dec 2026. Strategizing, planning and executing the desired outcome.

3 Advanced • Part 1 – Integration (Level 2)

21–24 Jan 2027. Uncovering deeper motivation and resolving objections.

4 Advanced • Part 2 – Completion (Level 2)

18–21 Feb 2027. Mastering the ICF Core Competencies.

Leadership Foundations

Essential Skills for New Managers

July
17

Starts 15 October 2026 •  **Sofia, Bulgaria (in Bulgarian)**

A high-impact, fast-track programme for newly appointed and emerging managers. Delivered through four in-person modules in Sofia, it builds the core competencies every leader needs: self-leadership, communication, delegation, and motivation.

01

Lead from Within

Building your leadership identity, presence and trust. 15 Oct 2026- Julia Prutovich.

02

Communicate to Connect

Conversations that build trust- listening, feedback, assertiveness. 12 Nov 2026- Veneta Stoykova.

03

Empower with Purpose

Delegating with clarity and setting goals that stick. 10 Dec 2026- Albena Petkova.

04

Inspire Growth

Feedback and everyday motivation that drives performance. 14 Jan- Antonia Teneva.

Self-Image and True Identity

Reconnect with Your Authentic Self

 **1-2 October 2026** ·  **Sofia, Bulgaria**

Led by internationally renowned teacher and mystic Avikal Costantino, this workshop guides participants in uncovering their true identity- beyond the limits of self-image and the Inner Judge. All participants receive a copy of his book, "Without a Mask."

1 Understanding Self-Image and the Inner Judge

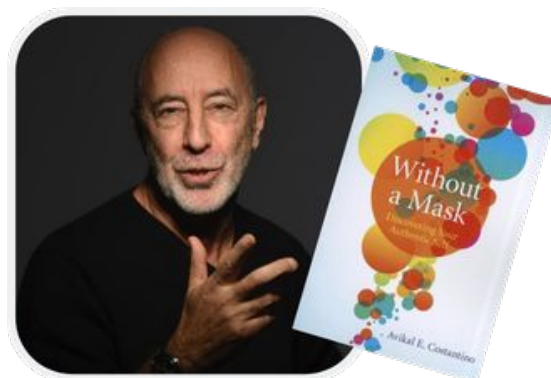
Explore how self-image is constructed, and the barriers it creates to experiencing reality as it is.

2 Recognizing False Identity

Differentiate authentic from false self-perception, and the role of the Superego.

3 Reconnecting with Your Authentic Self

Practical tools and exercises to release false identity and embody your true nature.



Let's Build Your Leadership Journey

Ready to explore these programmes for yourself or your team? Get in touch any time - we're happy to answer questions or help you find the right fit.

◆ EXCLUSIVE DISCOUNTS AVAILABLE

Ask us about special rates for groups, returning organisations, and early registration - get in touch to learn more.

Register & Reserve Your Place

Register: [Registration form](#) 

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